# **CHAPTER 269: RECREATION THERAPY SERVICE**

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#### **1 PURPOSE AND SCOPE**

This document outlines Space Planning Criteria for Chapter 269: Recreation Therapy Service. It applies to all medical facilities of the Department of Veterans Affairs (VA).

Recreation Therapy Service Mission Statement:

"Utilizes a wide range of therapeutic activities to restore the bio-psycho-social functional capabilities of Veterans with injuries, chronic illnesses, and other disabling conditions."

The Recreation / Creative Arts Therapy program is designed to promote rehabilitation and wellness, and to provide disabled Veterans a continuum of care that adds a special value to their lives.

The following PG 18-9 Space Planning Criteria Chapters will need to consider space for recreation therapy functions that occur in the areas outside of the main Recreation Therapy Service: Mental Health (including Adult Day Health Care, Substance Abuse, MH RRTP), Community Living Centers, Acute (M/S, Intensive, Extended Care, and Hospice) Inpatient Units, Physical Medicine and Rehabilitation Service, Spinal Cord Injury and Disorders and Blind Rehabilitation, Polytrauma System of Care, Fitness and Wellness Clinic, Ambulatory Care – Hospital Based, and Outpatient Clinics. In addition, a Recreation Therapy Service functional area should be considered for all clinical areas.

#### **2** DEFINITIONS

<u>Aquatic Therapy</u>: Aquatic Therapy is the use of water for resistance instead of utilizing manual weights. The goal is to rehabilitate patients after injury or those with chronic illness, by avoiding the potentially detrimental impact that manual weights place on joints. Aquatic Therapy utilizes a series of exercises and activities designed to take advantage of the unique healing benefits of water. The buoyancy provided by water lessens the pressure on muscles and joints, assists with movement and reduces swelling caused by gravity. Without the pull of gravity working against them, patients can exercise more comfortably, increasing their levels of strength, tolerance, flexibility and endurance with less pain and muscle stress.

<u>Creative Arts Therapy</u>: Creative Arts Therapy is the clinical process of expressing, communicating, and exchanging conscious and unconscious thoughts and feelings through the arts as interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved creative arts therapy program. Creative Arts Therapy program includes the visual arts dance, music, poetry and drama therapy.

<u>Art Therapy</u>: Art therapy is the therapeutic use of art making, within a professional relationship, by people who experience illness, trauma, or challenges in living, and by people who seek personal development.

<u>Dance Therapy</u>: Dance Therapy is the psychotherapeutic use of movement and dance for emotional, cognitive, social, behavioral and physical conditions.



<u>Drama Therapy</u>: Drama Therapy is the intentional use of theatre techniques to facilitate personal growth and promote health, thus treating individuals with a range of mental health, cognitive and developmental disorders.

<u>Music Therapy</u>: Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. The therapist uses music and all of its facets-physical, emotional, mental, social, aesthetic, and spiritual-to help clients to improve or maintain their health.

<u>Recreation Aid / Rehabilitation Therapy Assistant</u>: Recreation Therapy Assistants carry out a variety of assignments that require a practical knowledge of the recreation therapy activities or programs to which they are assigned. This practical knowledge, combined with skill in the maintenance and use of recreation materials and equipment, is used in providing support and assistance to recreation therapists by performing limited aspects of recreation therapy work, and by working with patients / residents in well-organized and carefully monitored recreation therapy activities. Documents evaluation results and reports data to the recreation therapist and members of the treatment team. Reviews and discontinues the treatment plan as directed by the recreation therapist. Position Descriptions for each Recreation Aid / Assistants will further outline duties as assigned.

<u>Recreation Therapy</u>: Recreation Therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation treatment and other therapeutic interventions based upon the assessed; needs of individuals with illnesses and/or disabling conditions. The purpose of the recreation therapy process is to improve or maintain physical, cognitive, social, emotional and spiritual functioning in order to facilitate full participation in life.

#### Space Planning / SEPS

<u>Accessible</u>: A site, building, facility, or portion thereof that complies with provisions outlined in the Architectural Barriers Act of 1968 (ABA).

<u>Architectural Barriers Act (ABA)</u>: A set of standards developed to ensure that all buildings financed with federal funds are designed and constructed to be fully accessible to everyone. This law requires all construction, renovation, or leasing of sites, facilities, buildings, and other elements, financed with federal funds, to comply with the Architectural Barriers Act Accessibility Standards (ABAAS). The ABAAS replaces the Uniform Federal Accessibility Standards (UFAS).

<u>Average Length of Encounter (ALoE)</u>: Averaged length of time, in minutes, a patient spends in an Exam / Treatment Room interacting with a provider and the clinical support team. It is accounted from room "set-up" to "clean-up" by staff. This metric is used to determine the number of annual patient / provider encounters that take place in an Exam / Treatment Room which, in turn, is used to calculate the number of Exam / Treatment Rooms needed in a facility based on projected annual workload. The ALoE is determined with VHA SME input during a PG-18-9 clinical chapter revision / update.



<u>Average Length of Stay (ALoS)</u>: The average number of days a patient Veteran stays in an inpatient care unit. The ALoS is used to calculate the number of patient bedrooms for a specialty by dividing the site's projected workload by the ALoS.

<u>Building Gross (BG) Factor</u>: A Factor applied to the sum of all the Departmental Gross Square Footage (DGSF) in a project to determine the Building Gross Square Footage. This factor accounts for square footage used by the building envelope, structural systems, horizontal and vertical circulation including main corridors, elevators, stairs and escalators, shafts, and mechanical spaces. The Department of Veterans Affairs has set this factor at 1.35 and included guidance in case of variance when developing a Program for Design (PFD) in SEPS.

<u>Clinic Stop</u>: Per these criteria, a clinic stop is the workload unit of measure for space planning. Clinic Stops are codified by VSSC, when applicable, they are referenced by number in the calculation of workload driven patient care spaces in this document.

<u>Department Net to Gross (DNTG) Factor</u>: A parameter, determined by the VA for each clinical and non-clinical department PG-18-9 space planning criteria chapter, used to convert the programmed Net Square Feet (NSF) area to the Department Gross Square Feet (DGSF) area.

<u>Encounter</u>: An interaction between a patient Veteran and a VA provider or providers in an Exam Room / Treatment Room / Consultation Room / Procedure Room, spaces where a patient Veteran received clinical care.

<u>Full-Time Equivalent (FTE)</u>: A staffing parameter equal to the amount of time assigned to one full time employee. It may be composed of several part-time employees whose combined time commitment equals that of one full-time employee (i.e., 40 hours per week).

<u>Functional Area (FA)</u>: The grouping of rooms and spaces based on their function within a clinical service or department.

<u>Functional Area Criteria Statement (FACS)</u>: A verbalized mathematical / logical formulation assigned to a FA incorporating answers to Input Data Statements (IDSs) to determine the condition for providing the rooms / spaces listed in the FA in the baseline space program or Program for Design (PFD) for a project. Certain rooms / spaces may or may not have additional conditions.

<u>Input Data Statement(s)</u>: A question or set of questions designed to elicit information about the healthcare project to generate a Program for Design (PFD) based on the parameters set forth in this set of documents. This information is processed through mathematical and logical operations in the VA Space and Equipment Planning System (SEPS).

<u>JSN (Joint Schedule Number)</u>: A unique five alpha-numeric code assigned to each content item in the PG-18-5 Standard. JSNs are defined in DoD's Military Standard 1691 and included in SEPS Content Table.



<u>Net Square Feet / Net Square Meters (NSF/NSM)</u>: The area of a room or space derived from that within the interior surface of the bounding walls or boundaries.

<u>Patient Unique</u>: (or Unique Patient), A Veteran patient counted as a unique in each division from which they receive care. Patient Uniques are included in the Registry for a VA Medical Center.

<u>Program for Design (PFD)</u>: A project specific itemized listing of the spaces, rooms, and square foot area required for the proper operation of a specific service / department, and the corresponding area for each. PFDs are generated by SEPS based on the PG-18-9 Standard.

<u>PG-18-5</u>: A Department of Veterans Affairs' Equipment Guidelist Standard for planning, design, and construction of VA healthcare facilities; a Program Guide (PG) that lists assigned room contents (medical equipment, furniture, and fixtures) to each room in PG-18-9. PG-18-5 follows PG-18-9's chapter organization and nomenclature.

<u>PG-18-9</u>: A Department of Veterans Affairs' Program Guide for the Space Planning Criteria Standard use to develop space planning guidance for the planning, design, and construction of VA healthcare facilities; a Program Guide (PG) that provides space planning guidance for VA Medical Centers (VAMCs) and Community Bases Outpatient Clinics (CBOCs). PG-18-9 is organized by chapters, as of September 2021 there are 56 clinical and non-clinical PG-18-9 chapters; they are implemented and deployed in SEPS so that space planners working on VA healthcare projects can develop baseline space programs.

<u>PG-18-12</u>: A Department of Veterans Affairs' Design Guide Standard for planning, design and construction of VA healthcare facilities, a Program Guide (PG) that provides design guidance for VA Medical Centers (VAMCs) and Community Bases Outpatient Clinics (CBOCs). The narrative section details functional requirements and the Room Template section details the planning and design of key rooms in PG-18-9. Not all PG-18-9 chapters have a corresponding PG-18-12 Design Guide; one Design Guide can cover more than one PG-18-9 chapter.

<u>Provider</u>: An individual who examines, diagnoses, treats, prescribes medication, and manages the care of patients within his or her scope of practice as established by the governing body of a healthcare organization.

<u>Room Area</u>: The square footage required for a clinical or non-clinical function to take place in a room / space. It takes into account the floor area required by equipment (medical and non-medical), furniture, circulation, and appropriate function / code-mandated clearances. Room area is measured in Net Square Feet (NSF).

<u>Room Code (RC)</u>: A unique five alpha-numeric code assigned to each room in the PG-18-9 Standard. Room Codes in PG-18-9 are unique to VA and are the basis for SEPS's Space Table for VA projects.

<u>Room Criteria Statement (RCS)</u>: A mathematical / logical formulation assigned to each room / space included in PG-18-9 incorporating answers to Input Data Statements (IDSs) to



determine the provision of the room / space in the baseline space program or Program for Design (PFD) for a project.

<u>Room Efficiency Factor</u>: A factor that provides flexibility in the utilization of a room to account for patient delays, scheduling conflicts, and equipment maintenance. Common factors are in the 75% to 85% range. A room with 80% room efficiency provides a buffer to assume that this room would be available 20% of the time beyond the planned operational practices for this room. This factor may be adjusted based on the actual and/or anticipated operations and processes of the room/department at a particular facility.

<u>SEPS</u>: Acronym for Space and Equipment Planning System which produces equipment lists and Program for Design for a healthcare project based on specific information entered in response to Input Data Questions.

<u>SEPS Importer</u>: A style-based format developed to allow upload of RCSs and IDSs to SEPS to implement and operationalize space planning criteria in PG-18-9 in the SEPS digital tool. This format establishes the syntax used in the RCSs and allows the use of Shortcuts. Shortcuts allow developers of space planning criteria statements to simplify RCSs making full use of their logical and mathematical functionality. A shortcut can refer to an RCS, a room in any FA or a formula. Shortcuts are [bracketed] when used in FAs and RCSs and are listed along with their equivalences at the end of the Space Planning Criteria section.

<u>Space Planning Concept Matrix (SPCM)</u>: A working document developed during the chapter update process. It lists all the rooms organized by Functional Area and establishes ratios between the directly and the indirectly workload driven rooms for the planning range defined in this document. The matrix is organized in ascending workload values in ranges reflecting existing facilities and potential future increase. Section 5 of this document Space Planning Criteria reflects the values in the SPCM.

<u>Stop Code</u>: A measure of workload including clinic stops forecasted by the Office of Policy and Planning (OPP) for all Strategic Planning Categories at Medical Center and Outpatient Clinic levels.

<u>Telehealth</u>: The use of technology, such as computers and mobile devices, to manage healthcare remotely. It includes a variety of health care services, including but not limited to online support groups, online health information and self-management tools, email and online communication with health care providers, remote monitoring of vital signs, video, or online doctor visits. Depending on the concept of operations for this space, it may be equipped as an exam room or as a consult room with video/camera capability.

<u>Utilization Rate</u>: A factor used in the calculation of a directly workload-driven room throughput. It represents, in a percent value, the room is idle based on the planning assumptions. For example, if a directly workload-driven room is available for use 8 hours a day, the Utilization Rate represents the assumed time it will be actually be used, an 85% utilization rate indicates, for planning purposes, the room will be used 6.8 hours a day. An additional directly workload-driven room will be provided in the calculation once the



previous room has reached 100% utilization. The utilization Rate is embedded in the Room Throughput value calculated in Section 3 of this document.

<u>VA Room Family (VA RF)</u>: An organizational system of rooms / spaces grouped by function, a 'Room Family'. There are two "Orders" in the VA RF: Patient Care and Patient Care Support; Patient Care features four sub-orders: Clinical, Inpatient, Outpatient and Residential Clinical. There are also four sub-orders in the Patient Care Support order: Building Support, Clinical Support, Staff Support and Veteran Support. Each room in a Family has a unique Room Code and NSF assigned based on its Room Contents and function which correspond to the specific use of the room. The same RC can be assigned to different Room Names with the same function in this document and can be assigned an NSF that varies based on the PG-18-5 Room Contents assigned to the room.

<u>VA Technical Information Library (TIL)</u>: A resource website maintained by the Facilities Standards Service (FSS) Office of Construction and Facilities Management (CFM) containing a broad range of technical publications related to the planning, design, leasing, and construction of VA facilities. VA-TIL can be accessed at: <u>https://www.cfm.va.gov/TIL/</u>

<u>Workload</u>: Workload is the anticipated number of procedures, clinic stops, clinic encounters etc. that is processed through a department/service area. The total workload applied to departmental operational assumptions will determine overall room requirements by modality.

<u>Workstation</u>: Area outfitted with equipment and furnishings, typically allocated 56 NSF each. Managers and other staff with no direct reports as well as part-time, seasonal, and job-sharing staff may qualify for a workstation. Such environments are particularly conducive to team-oriented office groupings. These environments work best when they have access to conference and small group meeting spaces.

#### **3 OPERATING RATIONALE AND BASIS OF CRITERIA**

- A. Space planning criteria included in this Standard have been specifically developed for this Department / Service in a Department of Veterans Affairs healthcare facility based on established VHA policy and guidelines to define the scope of services provided for the existing workload demand as well as that in the foreseeable future. Rooms and Functional Areas are provided based on research of clinical and non-clinical activities performed in this Department.
- B. Development / update of VA's Program Guide (PG) standards is a research based effort executed with participation of VHA Subject Matter Experts (SMEs), VA-Construction and Facilities Management Office (CFM) professional staff and specialty consultants hired for the task. These space planning standards are based on current applicable VHA policies and guidelines, established and/or anticipated best practice standards, and latest medical technology developments. Workload metrics were tailored to satisfy current and anticipated veteran workload demand.
- C. The space planning component of PG-18-9 is based on the Space Planning Concept Matrix (SPCM) which lists all the rooms organized by Functional Area and assigns room



quantity (Q) and area (NSF) for a series of ranges corresponding to the smallest to the largest department for this service in the VA healthcare system in incremental size; each range corresponds to a workload parameter which determines the number and area of each directly workload-driven room. The remainder of the rooms in the range i.e., waiting, storage, staff workstations, etc. are determined by ratios to the resulting number of or NSF of the workload-driven rooms.

- D. Sections 4 and 5 of these space planning standards as well as the PG-18-5 standard are implemented in the Space and Equipment Planning System (SEPS) and hosted at the MAX.gov website so planners working on VA Construction projects can develop single or multi-department projects based on these PG-18-9- and the PG-18-5 standards. Output from SEPS is through Space and Contents Reports; the Space Report is the Program for Design (PFD), the Content Report is the Project Room Contents (PRC). Inclusion of a Functional Area as well as Room quantity (Q) and determination of the room area (NSF) in the PFD is based on the projected Workload input which triggers calculations included in the Room Criteria Statements (RCSs). The RCSs are placed immediately after each room name, room code and baseline area (NSF). The PRC list the medical equipment, furniture and fixtures associated to each Room Code in the project. The PFD & PRC are the baseline requirements for the planning phase of a VA project based on a site's projected workload for the target planning year. This chapter's corresponding PG-18-12, Design Guide -if available- is intended for use during the design phase of the project.
- E. Space Planning parameters and metrics in this document are based on the Recreation Therapy Service Space Planning Criteria Matrix (SPCM) developed as the basis for this chapter. The Recreation Therapy Service SPCM lists all the spaces a VA Recreation Therapy Service site would require; the quantity and NSF for each room is calculated based on the Recreation Therapy Service projected workload or number of FTE positions authorized. The SPCM is organized in 10 ranges, each range represents an incremental workload value equivalent to a S, M or L Therapy space, this way all current VA Recreation Therapy Service sites are covered in the SPCM. The upper ranges are calculated for future facilities in case a higher projected workload Each range corresponds to an annual Recreation Therapy Service workload of 15,000 Stop Code 202 encounters. The 10 SPCM ranges cover between 660 and 150,000 annual encounters. The Range workload values are used to generate the following therapy rooms:
  - 1. Recreation Therapy Groups Rooms: S, M & L,
  - 2. Activities of Daily Living,
  - 3. Creative Arts Groups Room: S, M & L,
  - 4. Adaptive Technology Group Room: S, M & L,
  - 5. Gymnasium: S, M & L,
  - 6. Enclosed Gymnasium,
  - 7. Exercise/Weight Room: : S, M & L,
  - 8. Wellness Room,
  - 9. Therapeutic Pool: S, M & L, and
  - 10. Recreational Pool: S, M & L.



- F. The SPCM metrics are translated into one (or more) Room Criteria Statement (RCS) for each room in Section 5 of this document. The SPCM Planning Range, the maximum number of directly workload-driven patient care rooms, in this document is 10. If a project shall require provision of workload driven rooms above the maximum range value refer to CFM for guidance. Rooms in this space planning document are organized in 5 Functional Areas (FAs).
- G. Based on its intended function, each room / space is assigned a:
  - 1. Room Name (RN),
  - 2. Room Code (RC),
  - 3. Room Area, the Net Square Feet (NSF) and its corresponding "soft metric" Net Square Meters (NSM),
  - 4. Unique Room Criteria Statement(s) (RCSs) correlated to answers to Input Data Statements (IDSs), and
  - 5. Room Comment as needed.
- H. The Room Codes included in this chapter stem from the VA Room Family. A unique support space, that may have variable area, is assigned a unique Room Code and adopts the square footage, as needed, correlated to the room contents assigned which in turn correspond to the range for those rooms. A unique clinical space or a direct clinical support room, i.e., control room, system components room, etc. typically does not feature variable NSF. Patient Care room names for rooms unique to this chapter end in ", Rec Thrpy Svc". Patient Care Support room names end in ", Bldg Sprt", "Clncl Sprt", "Stff Sprt", or ", Vet Sprt", correlating to Building, Clinical, Staff or Veteran Support room families.
- Section 5, Sub-Section F lists the SEPS Importer Shortcuts used for implementation of Sections 4 & 5 in SEPS. These shortcuts are inserted into the Room Criteria Statement (RCS) for each room which upon upload into the Space and Equipment Planning System (SEPS) allowing planners developing VA healthcare projects to determine quantity and square footage of each room by performing mathematical or logical calculations. Shortcuts refer Input Data Statements (IDSs), Rooms or calculation parameters stemming from the SPCM.
- J. SEPS is accessible to government healthcare planners and private sector consultants working on VA HC projects during their Period of Performance (PoP) through the MAX.gov website; government provided Training is a requisite for access.
- K. SEPS incorporates a Net-to-Department Gross factor (NTDG) factor of 1.30 for Recreation Therapy Service and a Building Gross factor of 1.35 in the space calculation to generate the Department Gross Square Feet (DGSF) and the Building Gross Square Feet (BGSF) respectively for the project based on the aggregate resulting Net Square Feet (NSF) for each range. Planners can adjust the BGSF factor in SEPS; the NTDG factor is fixed.
- L. Refer to the chapter corresponding PG-18-5 Equipment Guidelist for the Room Content assignment for each room during the planning phase of a project.



- M. Refer to the chapter corresponding PG-18-12: Design Guide, if available, during the planning and design phases of a project. Not all PG-18-9 clinical chapters have a corresponding PG-18-12 document, please refer to the VA-TIL.
- N. The space planning and design Program Guides: PG-18-9, PG-18-5, and PG-18-12 are available at the <u>Department of Veterans Affairs Office of Construction and Facilities</u> <u>Management (CFM) Technical Information Library (TIL)</u> website.

## 4 INPUT DATA STATEMENTS (IDS)

- A. Is an Aquatic Therapy authorized? (M)
- B. How many annual Recreation Therapy clinic stops (Stop Code 202) are projected? (W) (Values: 600 to 150,000)

### 5 SPACE PLANNING CRITERIA

### A. FA 1: RECEPTION AREA

- 1. Rec Thrpy Svc Waiting, Bldg Sprt (SB003) ......130 NSF (12.1 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
  - b. Provide one at 240 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
  - c. Provide one at 310 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
  - d. Provide one at 415 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
  - e. Provide one at 525 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000
- 2. Rec Thrpy Svc Family Waiting, Bldg Sprt (SB051) .....125 NSF (11.7 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

Allocated NSF accommodates one lounge chair @ 12 NSF, one 2-seat sofa at 32 NSF, one accessible space @ 10 NSF, and circulation; total four people. This space is provided for caregivers and family members, including children; it should be located adjacent to the General Patient Waiting.



### 3. Rec Thrpy Svc Patient Check-in Kiosk, Clncl Sprt (SC165) ...... 55 NSF (5.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

Allocated NSF accommodates two Display Kiosks, patient privacy area, and circulation.

- 4. Rec Thrpy Svc Reception, Clncl Sprt (SC183) ...... 85 NSF (7.9 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide one at 260 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

Allocated NSF accommodates two Receptionist FTEs, patient privacy area, and circulation. Allocated NSF includes area for copier / printer alcove.

- 5. Rec Thrpy Svc Public Toilet, Bldg Sprt (SB191) ...... 60 NSF (5.6 NSM)
  - a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.

- 6. Rec Thrpy Svc Family Toilet, Bldg Sprt (SB136) ...... 80 NSF (7.5 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

Allocated NSF accommodates one accessible toilet @ 25 NSF, one wall-hung lavatory @ 12 NSF, ABA clearances, and circulation.



## 7. Rec Thrpy Svc Patient Education Room, Clncl Sprt (SC171) ...... 80 NSF (7.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

This space is intended to be used for patient education and VHA resource material. It shall be located accessible to General Patient Waiting and Family Waiting.

### 8. Rec Thrpy Svc Refreshment Alcove, F&N Svc (SV381) ...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 60,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

## 9. Rec Thrpy Svc

## Wheelchair / Stretcher / Lift Alcove, Bldg Sprt (SB258) ...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 15,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 15,001 and 45,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 75,000
- d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- e. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000



### 10. Storage Room, Rec Thrpy Svc (CT307) ...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 100 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide one at 120 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide one at 160 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

## B. FA 2: RECREATION / CREATIVE ARTS THERAPY AREA

- 1. Rec Thrpy Consult Room, Cincl Sprt (SC271) ......120 NSF (11.2 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

This space accommodates private interviews with patients and family; furnished to accommodate 1:1 Interviews and consultations for scheduled patients; locate near General Patient Waiting.

## 2. Assessment Room, Rec Thrpy Svc (CT302).....140 NSF (13.1 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

This room is for 1:1 provider-to-patient assessment; NSF accounts for ability to also accommodate bariatric patients

- 3. Group Room S, Rec Thrpy Svc (CT303)......240 NSF (22.3 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

This room shall accommodate patients for a one-to-one to a maximum of a one-to-four provider-to-patient ratio assessment. Allocated NSF will accommodate small interactive games such as video games, Wii©, small Dance Groups, Music and Art activities.

**4.** Group Room S Storage Room, Rec Thrpy Svc (CT307) ...... 60 NSF (5.6 NSM) *a.* Provide one per each [Group Room S, Rec Thrpy Svc (CT303)]



This room should be located adjacent to the Recreation Therapy Group Room(s). If two Recreation Therapy Rooms, any size, are located adjacent to each other, provide one Storage Room only; provide access from both Group Therapy Rooms.

- 5. Group Room M, Rec Thrpy Svc (CT303) ......400 NSF (37.2 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 105,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

This room shall accommodate patients for a one-to-one to a maximum of a one-to-four provider-to-patient ratio assessment. Allocated NSF will accommodate small interactive games such as video games, Wii©, small Dance Groups, Music and Art activities.

6. Group Room M Storage Room, Rec Thrpy Svc (CT307) ...... 60 NSF (5.6 NSM) a. Provide one per each [Group Room M, Rec Thrpy Svc (CT303)]

This room should be located adjacent to the Recreation Therapy Group Room(s). If two Recreation Therapy Rooms, any size, are located adjacent to each other, provide one Storage Room only; provide access from both Group Therapy Rooms.

- 8. Group Room L Storage Room, Rec Thrpy Svc (CT307) ...... 60 NSF (5.6 NSM) a. Provide one per each [Group Room L, Rec Thrpy Svc (CT303)]

between 135,001 and 150,000

- 9. Group Room Monitoring Room, Rec Thrpy Svc (CT306) ......120 NSF (11.2 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
  - c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
  - d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
  - e. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

This room should be located adjacent to the Recreation Therapy Group Room(s). If two Recreation Therapy Rooms, any size, are located adjacent, place one Clinical Monitoring Room only; provide access from both Group Therapy Rooms. It is used for observation of individual or group Recreation therapy activities and provides space for documentation. Design should accommodate for Visual and media monitoring of patients.



- - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

Allocated space accommodates equipment and supplies used for Dance Room / Studio activities.

- 11. Music Program Storage Room, Rec Thrpy Svc (CT314) ...... 80 NSF (7.5 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

Allocated space accommodates equipment and supplies used for Music Room / Studio activities.

- 12. Therapy Assistant / Aide Workstation, Rec Thrpy Svc (SS218) ...... 56 NSF (5.3 NSM)
  - a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
  - b. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
  - c. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
  - d. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
  - e. Provide six if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000
- 13. ADL Kitchen, Rec Thrpy Svc (CT318) ......240 NSF (22.3 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 105,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000
- **14.** ADL Kitchen Storage Room, Rec Thrpy Svc (CT319)...... 60 NSF (5.6 NSM) *a.* Provide one per each [ADL Kitchen, Rec Thrpy Svc (CT318)]
- 15. Creative Arts Group Therapy Room S, Rec Thrpy Svc (CT321) .....200 NSF (18.6 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000
- 16. Creative Arts S Storage Room, Rec Thrpy Svc (CT324)...... 60 NSF (5.6 NSM)
  - a. Provide one per each [Creative Arts Group Therapy Room S, Rec Thrpy Svc (CT321)]



#### 17. Creative Arts Group Therapy Room M, Rec Thrpy Svc (CT321)....400 NSF (37.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 105,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000
- 18. Creative Arts M Storage Room, Rec Thrpy Svc (CT324) ......120 NSF (11.2 NSM)
  - a. Provide one per each [Creative Arts Group Therapy Room M, Rec Thrpy Svc (CT321)]
- 19. Creative Arts Group Therapy Room L, Rec Thrpy Svc (CT321) .....800 NSF (74.4 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 135,001 and 150,000
- 20. Creative Arts L Storage Room, Rec Thrpy Svc (CT324).....180 NSF (16.8 NSM)
  - a. Provide one per each [Creative Arts Group Therapy Room L, Rec Thrpy Svc (CT321)]
- - a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
  - b. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
  - c. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
  - d. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
  - e. Provide six if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

## 22. Adaptive Technology (AT) S Room, Rec Thrpy Svc (CT331)......400 NSF (37.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

# 23. Adaptive Technology (AT)

# S Storage Room, Rec Thrpy Svc (CT334).....180 NSF (16.8 NSM)

- a. Provide one per each [Adaptive Technology (AT) S Room, Rec Thrpy Svc (CT331)]
- 24. Adaptive Technology (AT) M Room, Rec Thrpy Svc (CT331) ......600 NSF (55.8 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 105,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000



#### 25. Adaptive Technology (AT)

- M Storage Room, Rec Thrpy Svc (CT334) .....180 NSF (16.8 NSM)
- a. Provide one per each [Adaptive Technology (AT) M Room, Rec Thrpy Svc (CT331)]
- 26. Adaptive Technology (AT) L Room, Rec Thrpy Svc (CT331)......1,000 NSF (92.9 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 135,001 and 150,000

#### 27. Adaptive Technology (AT)

- L Storage Room, Rec Thrpy Svc (CT334)......240 NSF (22.3 NSM)
- a. Provide one per each [Adaptive Technology (AT) L Room, Rec Thrpy Svc (CT331)]

### 28. Adaptive Technology (AT)

#### 

- a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 120,000
- d. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

### 29. Recreation / Creative Arts Patient Toilet, Bldg Sprt (SB201) ....... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 90,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

#### **30.** Recreation / Creative Arts

## Bariatric Patient Toilet, Bldg Sprt (SB163) ...... 75 NSF (7.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 90,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

## 31. Recreation / Creative Arts

#### Staff Universal Toilet, Bldg Sprt (SB191) ...... 60 NSF (5.6 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

## 32. Recreation / Creative Arts

- Clean Utility Room, Lgstcs Svc (SB737) ...... 80 NSF (7.5 NSM)
- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



#### 

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 34. Recreation / Creative Arts

# Housekeeping Aides Closet (HAC), Bldg Sprt (SB244)...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 80 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

# C. FA 3: SELF-DIRECTED THERAPY AREA

# 1. Self Directed Therapy Waiting, Bldg Sprt (SB003) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 130 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide one at 150 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide one at 170 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide one at 190 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

# 2. Gross Motor Activity

# Female Patient Locker Room, Bldg Sprt (SB209) ..... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide one at 180 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide one at 220 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide one at 260 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000



#### 3. Gross Motor Activity

#### Male Patient Locker Room, Bldg Sprt (SB210) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide one at 180 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide one at 220 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide one at 260 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

#### 4. Gross Motor Activity

#### Universal Patient Locker Room, Bldg Sprt (SB208)..... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 5. Gross Motor Activity

#### Universal Patient Toilet, Bldg Sprt (SB201) ...... 60 NSF (5.6 NSM)

- a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 6. Gross Motor Activity Room, Rec Thrpy Svc (CT367) ......240 NSF (22.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 45,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 105,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000
- 8. Wellness Room, Rec Thrpy Svc (CT361) ......140 NSF (13.1 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 45,000
  - b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 105,000
  - c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000



### 10. Gymnasium Female Patient Locker Room, Bldg Sprt (SB209).....150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 11. Gymnasium Female Patient Toilet / Shower, Bldg Sprt (SB176)..... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 12. Gymnasium Male Patient Locker Room, Bldg Sprt (SB210) ......150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 13. Gymnasium Male Patient Toilet / Shower, Bldg Sprt (SB188) ...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000
- 14. Gymnasium Universal Patient Locker Room, Bldg Sprt (SB208) ... 100 NSF (9.3 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

#### 15. Gymnasium

## Universal Patient Toilet / Shower, Bldg Sprt (SB199) ...... 60 NSF (5.6 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

## 16. Gymnasium, Rec Thrpy Svc (CT341)......2,000 NSF (185.8 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 4,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 90,000
- c. Provide one at 8,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000



#### 17. Gymnasium Storage Room, Rec Thrpy Svc (CT344).....120 NSF (11.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 240 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 90,000
- c. Provide one at 520 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

## 18. Enclosed Gymnasium

## Female Patient Locker Room, Bldg Sprt (SB209) ......150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 19. Enclosed Gymnasium

## Female Patient Toilet / Shower, Bldg Sprt (SB176) ...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 20. Enclosed Gymnasium

## Male Patient Locker Room, Bldg Sprt (SB210) ......150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 21. Enclosed Gymnasium

## Male Patient Toilet / Shower, Bldg Sprt (SB188)...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 22. Enclosed Gymnasium

## Universal Patient Locker Room, Bldg Sprt (SB208)..... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000
- 23. Enclosed Gymnasium Universal Patient Toilet / Shower, Bldg Sprt (SB199) ...... 60 NSF (5.6 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000



- 24. Enclosed Gymnasium, Rec Thrpy Svc (CT347) ......800 NSF (74.4 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 150,000
- 25. Enclosed Gymnasium Storage Room, Rec Thrpy Svc (CT351) .....120 NSF (11.2 NSM)
  - a. Provide one per each [Enclosed Gymnasium, Rec Thrpy Svc (CT347)]

### 26. Exercise / Weight Room

### Female Patient Locker Room, Bldg Sprt (SB209) ......150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 27. Exercise / Weight Room

## Female Patient Toilet / Shower, Bldg Sprt (SB176) ...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 28. Exercise / Weight Room

### Male Patient Locker Room, Bldg Sprt (SB210) ......150 NSF (14.0 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 29. Exercise / Weight Room

# 

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 30. Exercise / Weight Room

## Universal Patient Locker Room, Bldg Sprt (SB208)...... 100 NSF (9.3 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

## 31. Exercise / Weight Room

#### Universal Patient Toilet / Shower, Bldg Sprt (SB199) ...... 60 NSF (5.6 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000



#### 32. Exercise / Weight Room, Rec Thrpy Svc (CT354) ......400 NSF (37.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 700 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 1,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

#### 33. Exercise / Weight Room

## Storage Room, Rec Thrpy Svc (CT357) .....120 NSF (11.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 180 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 240 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

### D. FA 4: AQUATIC THERAPY AREA

FA Condition: [Aquatic Therapy is authorized]

- 1. Aquatic Therapy Waiting, Bldg Sprt (SB003) ...... 80 NSF (7.5 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
  - b. Provide one at 100 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
  - c. Provide one at 110 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
  - d. Provide one at 130 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
  - e. Provide one at 150 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

## 2. Aquatic Therapy

#### Female Patient Locker Room, Bldg Sprt (SB209) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 3. Aquatic Therapy

#### Female Patient Toilet / Shower, Bldg Sprt (SB176) ...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



### 4. Aquatic Therapy

### Male Patient Locker Room, Bldg Sprt (SB210) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 5. Aquatic Therapy

## Male Patient Toilet / Shower, Bldg Sprt (SB188)...... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

## 6. Aquatic Therapy

# Universal Patient Locker Room, Bldg Sprt (SB208) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000
- 7. Aquatic Therapy

# Universal Patient Toilet / Shower, Bldg Sprt (SB176) ...... 85 NSF (7.9 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

# 8. Aquatic Therapy Pool, Rec Thrpy Svc (CT371) ......500 NSF (46.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 2,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 3,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

# 9. Aquatic Therapy Pool Storage Room, Rec Thrpy Svc (CT374) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 350 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 480 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

# 10. Aquatic Therapy Recreational Pool, Rec Thrpy Svc (CT377) .......500 NSF (46.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 75,000
- b. Provide one at 2,000 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 13,200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000



#### 11. Aquatic Therapy

#### Recreational Pool Storage Room, Rec Thrpy Svc (CT381) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 75,000
- b. Provide one at 480 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
- c. Provide one at 720 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

### 12. Aquatic Therapy Assessment Room, Rec Thrpy Svc (CT386) ......140 NSF (13.1 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 13. Aquatic Therapy Clerk Workstation, Stff Sprt (SS218)...... 56 NSF (5.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### 14. Aquatic Therapy Lifeguard Workstation, Stff Sprt (SS218) ...... 56 NSF (5.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

#### 15. Aquatic Therapy Female Staff Locker Room, Stff Sprt (SS232) ..... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 16. Aquatic Therapy

## 

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



#### 17. Aquatic Therapy Male Staff Locker Room, Stff Sprt (SS241)...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 18. Aquatic Therapy Male Staff Toilet / Shower, Bldg Sprt (SB184) ..... 85 NSF (7.9 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 19. Aquatic Therapy Laundry Room, Rec Thrpy Svc (CT387) ...... 80 NSF (7.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 100 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 90,000
- c. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

#### 20. Aquatic Therapy Clean Linen Room, EMS (SC471) ...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 80 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 21. Aquatic Therapy

#### Safety Equipment Storage Room, Rec Thrpy Svc (CT388)...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 22. Aquatic Therapy

#### Chemical / Pump Room, Rec Thrpy Svc (CT389)...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 120 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 23. Aquatic Therapy Clean Utility Room, Lgstcs Svc (SB737) ...... 80 NSF (7.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 100 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



#### 24. Aquatic Therapy Soiled Utility Room, Lgstcs Svc (SB743) ...... 80 NSF (7.5 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 100 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 25. Aquatic Therapy

#### Housekeeping Aides Closet (HAC), Bldg Sprt (SB244)...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 80 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### E. FA 5: STAFF AND ADMINISTRATIVE AREA

- 1. Rec Thrpy Svc Chief Office, Stff Sprt (SS204)...... 100 NSF (9.3 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000
- 2. Rec Thrpy Svc Assistant Service Chief Office, Stff Sprt (SS204) ..... 100 NSF (9.3 NSM) a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 150,000

#### 3. Rec Thrpy Svc

#### Administrative Officer (AO) Office, Stff Sprt (SS204)..... 100 NSF (9.3 NSM)

a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000

# 4. Rec Thrpy Svc Administration Support / Program Assistant Workstation, Stff Sprt (SS218)...... 56 NSF (5.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 150,000

#### 5. Rec Thrpy Svc

#### 

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

#### 6. Rec Thrpy Svc

#### Administration Support Workstation, Stff Sprt (SS218) ...... 56 NSF (5.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



### 7. Rec Thrpy Svc Staff Conference Room, Educ Svc (SS101) ......240 NSF (22.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 15,000
- b. Provide one at 300 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 15,001 and 45,000
- c. Provide one at 500 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 90,000
- d. Provide one at 675 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 150,000

# 8. Rec Thrpy Svc Staff Breakroom, Stff Sprt (SS262) .....120 NSF (11.2 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 15,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 15,001 and 30,000
- c. Provide one at 160 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 45,000
- d. Provide one at 180 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 60,000
- e. Provide one at 200 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,000 and 75,000
- f. Provide one at 220 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 90,000
- g. Provide one at 240 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 105,000
- h. Provide one at 260 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 120,000
- i. Provide one at 280 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 135,000
- *j.* Provide one at 300 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 135,001 and 150,000

## 9. Rec Thrpy Svc Female Staff Locker Room, Stff Sprt (SS232) ...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000
- 10. Rec Thrpy Svc Male Staff Locker Room, Stff Sprt (SS241)..... 100 NSF (9.3 NSM)
  - a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
  - b. Provide one at 140 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000



#### 11. Rec Thrpy Svc Universal Staff Toilet, Bldg Sprt (SB191)...... 60 NSF (5.6 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 75,000
- b. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 150,000

### F. FA 6: EDUCATION AREA

#### 1. Rec Thrpy Svc

### Residency Program Director Office, Stff Sprt (SS204)...... 100 NSF (9.3 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 150,000
- 2. Rec Thrpy Svc Resident Workstation, Stff Sprt (SS217) ...... 48 NSF (4.5 NSM)
  - a. Provide two if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 15,000
  - b. Provide three if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 15,001 and 45,000
  - c. Provide four if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 45,001 and 75,000
  - d. Provide five if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 75,001 and 105,000
  - e. Provide six if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 105,001 and 150,000

#### 3. Rec Thrpy Svc Resident Training Room, Educ Svc (SS111) ......545 NSF (50.7 NSM)

- a. Provide one if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 600 and 30,000
- b. Provide one at 590 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 30,001 and 60,000
- c. Provide one at 630 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 60,001 and 90,000
- d. Provide one at 675 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 90,001 and 120,000
- e. Provide one at 715 NSF if [Recreation Therapy clinic stops (Stop Code 202) projected] is between 120,001 and 150,000

## G. SEPS IMPORTER SHORTCUTS

The following shortcuts are used in the Room Criteria Statements in the Recreation Therapy Functional Areas. These shortcuts are used during upload of this document into the Space and Equipment Planning System (SEPS) software during implementation of the space planning parameters contained herewith to allow for mathematical or logical calculations to be performed. Input Data Statements (IDSs), Rooms or a partial calculation formula can have a shortcut.

1. Aquatic Therapy is authorized: [Is an Aquatic Therapy authorized?]



2. *Recreation Therapy clinic stops (Stop Code 202) projected*: [How many annual Recreation Therapy clinic stops (Stop Code 202) are projected?]

#### 6 PLANNING AND DESIGN CONSIDERATIONS

- A. The Department Net to Gross Factor accounts for the space occupied by internal department circulation and interior partitions and other construction elements not defined by the net square foot area.
- B. Facility layout and design shall support patient confidentiality in areas where personal information is exchanged with staff.
- C. Recreation Therapy Service will share appropriate areas of other services, i.e., Rehabilitation Medicine Service, for use as desired for recreation therapy modalities where the level of usage is too low to justify constructing separate spaces.
- D. Outside storage (adjacent to outdoor activity area) is not to be included in the net square feet tabulation.
- E. When possible collocate the patient lockers, toilets / showers if Self-Directed and Aquatic Therapy services are located adjacent to each other.
- F. Refer to Department of Veterans Affairs (VA) Office of Construction and Facilities Management Technical Information Library (<u>www.cfm.va.gov/til/</u>) for additional technical criteria.



#### 7 FUNCTIONAL RELATIONSHIPS

Relationship of Recreation Therapy Service to services listed below:

#### **TABLE 2: FUNCTIONAL RELATIONSHIP MATRIX**

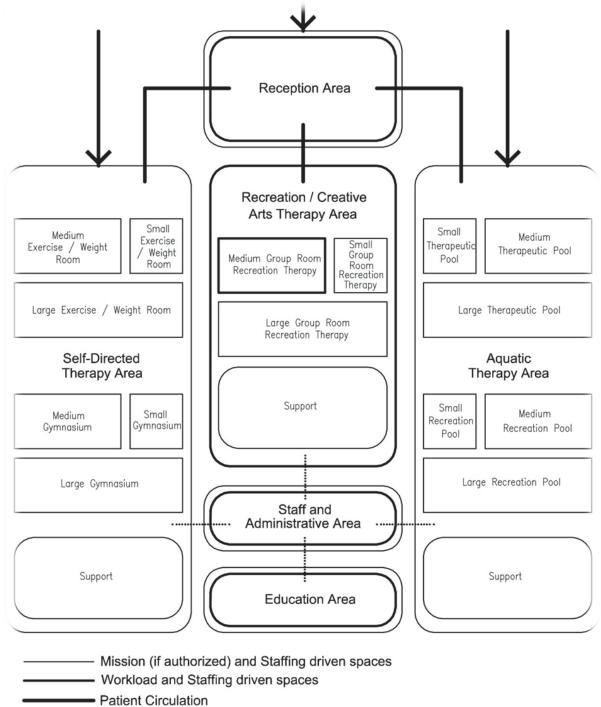
SERVICES	FUNCTIONAL RELATIONSHIP
IP: MS PCUs	2
IP: MH PCUs	2
IP: PRC: PCU	2
IP: PRC: PCU Therapy	2
IP: SCI: AC PCU	2
IP: SCI: AC/OP Therapy	2
IP: SCI: AT	2
OP: PRC Therapy	2
OP: SCI OP	2
OP: SCI AC/OP Home Care & Therapy	2
RSDNTL: PRC: RCUs	2
RSDNTL: PRC: RCU Therapy	2
RSDNTL: MH: RCUs	2
RSDNTL: SH: Resident	2
RSDNTL: SH: Neighborhood Center	2
RSDNTL: SH: Community Center	2
RSDNTL: SCI: LTC RCU	2
RSDNTL: SCI: LTC Neighborhood Center	2
RSDNTL: SCI: LTC PT, KT, OT & ADL	2
BLDG SPRT: Logstcs Svc: Warehouse	3
CLNCL SPRT: OIT: Telecommunications	3
BLDG SPRT: ENG: Engineering Service (all specialties)	3
CLNCL: PMR Svc: Physical Therapy (PT)	3
CLNCL: PMR Svc: Kinesiotherapy (KT)	3
CLNCL: PMR Svc: Occupational Therapy (OT)	3
CLNCL: PMR Svc: Aquatic Therapy (AT)	3
OP: CBMH: General	3
CLNCL SPRT: EMS: Production	3
VET SPRT: Veterans Assistance	3
VET SPRT: Voluntary Svc	3

Legend:

- 1. High
- 2. Moderate
- 3. Minimal



#### 8 FUNCTIONAL DIAGRAM



Staff Circulation

